



All Gender Psychotherapy Group

People of all genders seeking to establish, enhance, or maintain relationships with other well-meaning humans are invited to participate in this ongoing psychotherapy group. In a safe and supportive environment, the group experience provides an opportunity for participants to attend to how they form relationships and learn new ways of establishing intimacy and closeness. Topics may include, but are not limited to:

Reducing Isolation • Dating and Relationships • Social Support
Confidence and Self-esteem • Sex and Sexuality • Self-awareness • Spirituality
Career Decisions • Conflict Resolution • Adulting • Identity
Social Anxiety • Family Issues • Aging

Members are encouraged to commit to participating in the group for 8-12 sessions and will have the opportunity for ongoing involvement.

Therapist:

Adam Clevenger, MA, LPCC, CST
Mental Health Counselor & Sex Therapist

**For more information, including scheduling and fees,
contact Adam Clevenger at
Adam@tandemcolumbus.com.**